

## « ECO-FRIENDLY ELECTRICITY HABITS »

(Video transcript)

### ECO-FRIENDLY ELECTRICITY HABITS

A quiz to make your energy use more responsible.

#### #1 Covering a pot while cooking reduces electricity consumption. TRUE OR FALSE?

CORRECT ANSWER: TRUE.

A covered pot means four times less electricity consumed\*.

#### #2 “ECO” settings are for : Saving electricity / Saving money

CORRECT ANSWER: BOTH.

They save up to 45% of electricity\* and therefore reduce power bills.

#### #3 Using a power strip saves electricity. TRUE OR FALSE?

CORRECT ANSWER: TRUE.

Its switch turns off all your devices on standby in one go. This saves up to 10% of electricity\* –and saves time, too!

#### #4 Washing machine: the warmer the water is, the more electricity is used. TRUE OR FALSE?

CORRECT ANSWER: TRUE.

To heat the water, your machine needs electricity. So a load of laundry washed at 30°C naturally consumes less electricity than one washed at 90°C.

#### #5 LED lamps consume less electricity. What is their other big advantage?

ANSWER: They have a longer useful life. Between 30,000 and 50,000 hours of lighting. 30 times more than halogen lamps. 100 times more than incandescent light bulbs.

#### #6 A lampshade can help you reduce your electricity consumption. TRUE OR FALSE?

CORRECT ANSWER: TRUE.

A pale-colored lampshade diffuses light better than a dark one. = Fewer lamps needed in your living room.

### Summary:

- Cooking - a covered pot means **4 times less electricity used**.
- Washing - “ECO” settings save **up to 45% of electricity**.
- Living room - a **power strip** with a switch lets you turn off all your **devices on standby** in one go.
- Laundry - a load of laundry washed at 30°C **consumes less electricity** than one washed at 90°C.
- Lighting - an LED lamp consumes less electricity and provides light for **up to 50,000 hours**.
- Lighting - a **pale-colored lampshade** diffuses light better than a dark one.